

Patient Instructions for Mouthwash Collection

- Be sure that you ***did not*** eat, drink, chew gum or smoke for at least ***1 hour*** prior to sample collection.
- Ensure that you do not have an allergy to mint-containing solutions.
- Sample collection must be performed in the presence of a healthcare professional.



Step 1: Complete the provided sticker with your name (first and last), your date of birth and the current date. Affix the sticker to the collection cup.



Step 2: Open the mouthwash bottle.

Step 3: Swish up to half of the mouthwash in your mouth 15-20 times.

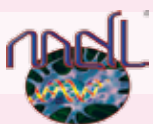


Step 4: Spit ALL of the mouthwash into the labeled collection cup.

Step 5: Repeat Steps 3 and 4 until all of the mouthwash solution has been added to the labeled collection cup. Recap the collection cup tightly to avoid spilling during shipping.



Step 6: Give the specimen in the closed collection cup to your healthcare provider.



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Packaging MDL Mouthwash Specimens

Local MDL Driver Pick-up



Step 1:
Place the labeled collection cup into the specimen bag.

Step 2:
Place the sealed bag containing the specimen into the mailer.



Step 3:
Be sure to include a completed test requisition form for each specimen in the top of the mailer.



Step 4:
Place specimens in your MDL Specimen Lock box for MDL driver pick-up.



FedEx Pick-up.



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Place the labeled collection cup into the specimen bag.

Step 2:
Place the sealed bag containing the specimen into the mailer.



Step 3:
Be sure to include a completed test requisition form for each specimen in the top of the mailer.



Step 4:
Insert the closed mailer into the prepaid FedEx Lab Pack envelope.



Remove FedEx receipt inside Lab Pack for your records.

Don't forget to seal the Lab pack!



Step 5:
Verify that a preaddressed airbill is attached to ensure proper delivery.

