# May is Lyme **Awareness Month**

## CDC Estimates 300,000 cases of Lyme disease per year



## Medical Diagnostic Laboratories (MDL) offers **Comprehensive Vector-Borne Disease Testing**

- Detection of Lyme disease and other vector-borne diseases by DNA-based Polymerase Chain Reaction (PCR) and serology
- C6 Peptide ELISA testing for Borrelia burgdorferi
- Detailed results with interpretation guide with every report •
- PhD's available for testing and result consultations •
- MDL files all insurances including Medicare, Medicaid, PPOs and HMOs
- Patient friendly pricing for non-insured patients
- Test additions available up to 30 days after collection •
- No refrigeration required before or after collection
- 7 14 day turnaround time •

### Did You Know?

- Vector-borne diseases have more than tripled in the US in recent years
- Lyme disease accounts for 82% of all tickborne illnesses; however, Rickettsiosis, Babesiosis, Anaplasmosis & Ehrlichiosis have also increased

## Contact MDL for more information...



Medical Diagnostic Laboratories Institute of Vector-Borne Diseases www.mdlab.com • 877.269.0090

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#### Tick-Borne Disease Patient Symptom Checklist

Complete the checklist below based on your current symptoms. Bring the completed checklist to your next appointment for discussion with your physician.

**History of tick bite?** O Yes O No If so, when:

Symptoms	Severity Frequency
Skin issues If yes, select all that apply:	<ul> <li>○ Yes ○ No</li> <li>○ Mild ○ Moderate ○ Severe</li> <li>○ Occasional ○ Often ○ Constant</li> <li>○ Spotted rash over large area</li> <li>○ EM rash in a discrete circle</li> <li>○ Linear red streaks</li> </ul>
Swollen glands	○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant
Sore throat	○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant
Fever	○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant
Joint pain	○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant
If yes, select all that apply:	○ Fingers/Toes ○ Ankles/Wrists ○ Knees/Elbows ○ Hips/Shoulders
Joint swelling If yes, select all that apply:	<ul> <li>○ Yes ○ No</li> <li>○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant</li> <li>○ Fingers/Toes</li> <li>○ Ankles/Wrists ○ Knees/Elbows ○ Hips/Shoulders</li> </ul>
Muscle complaints If yes, select all that apply:	<ul> <li>○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant</li> <li>○ Pain ○ Cramps ○ Stiffness ○ Weakness ○ Twitching</li> </ul>
<b>Cognitive difficulties</b> If yes, select all that apply:	<ul> <li>○ Yes ○ No</li> <li>○ Mild ○ Moderate ○ Severe</li> <li>○ Occasional ○ Often ○ Constant</li> <li>○ Thinking</li> <li>○ Concentrating</li> <li>○ Forgetfulness</li> <li>○ Speech errors</li> </ul>
Mood difficulties If yes, select all that apply:	<ul> <li>○ Yes ○ No</li> <li>○ Mild ○ Moderate ○ Severe</li> <li>○ Occasional ○ Often ○ Constant</li> <li>○ Irritability ○ Depression</li> <li>○ Anxiety ○ Panic Attacks</li> </ul>
<b>Psychosis</b> If yes, select all that apply:	<ul> <li>○ Yes ○ No</li> <li>○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant</li> <li>○ Hallucinations ○ Paranoia ○ Bipolar</li> </ul>
<b>Neurological issues</b> If yes, select all that apply:	<ul> <li>○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant</li> <li>○ Tremors ○ Seizures ○ Headaches ○ Dizziness ○ Off balance ○ Light headed</li> </ul>
Eye/vision difficulties If yes, select all that apply:	<ul> <li>○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant</li> <li>○ Sensitivity to light ○ Double vision ○ Blurry vision ○ Floaters</li> </ul>
Ear/hearing difficulties If yes, select all that apply:	<ul> <li>○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant</li> <li>○ Sensitivity to sound ○ Ear pain ○ Buzzing ○ Ringing ○ Decreased hearing</li> </ul>
Nerve issues If yes, select all that apply:	<ul> <li>○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant</li> <li>○ Tingling ○ Numbness ○ Burning ○ Stabbing ○ Shooting pain</li> </ul>
Facial paralysis/Bells Palsy	$\bigcirc \ Yes \ \bigcirc \ No \qquad \bigcirc \ Mild \ \bigcirc \ Moderate \ \bigcirc \ Severe \qquad \bigcirc \ Occasional \ \bigcirc \ Often \ \bigcirc \ Constant$
Dental pain	$\bigcirc \ Yes \ \bigcirc \ No \qquad \bigcirc \ Mild \ \bigcirc \ Moderate \ \bigcirc \ Severe \qquad \bigcirc \ Occasional \ \bigcirc \ Often \ \bigcirc \ Constant$
Neck pain/stiffness	$\bigcirc \ Yes \ \bigcirc \ No \qquad \bigcirc \ Mild \ \bigcirc \ Moderate \ \bigcirc \ Severe \qquad \bigcirc \ Occasional \ \bigcirc \ Often \ \bigcirc \ Constant$
Fatigue, poor stamina	$\bigcirc \ Yes \ \bigcirc \ No \qquad \bigcirc \ Mild \ \bigcirc \ Moderate \ \bigcirc \ Severe \qquad \bigcirc \ Occasional \ \bigcirc \ Often \ \bigcirc \ Constant$
Sleep difficulties If yes, select all that apply:	<ul> <li>○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant</li> <li>○ Insomnia ○ Broken sleep ○ Early waking ○ Excessive sleeping</li> </ul>
Unexplained weight gain or loss	○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant
Unexplained hair loss	○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant
Pain in genital area	○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant
Menstrual irregularities	○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant
Unusual milk production or breast pain	○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant
Irritable bladder/dysfunction	$\bigcirc \ {\sf Yes} \ \bigcirc \ {\sf No} \qquad \bigcirc \ {\sf Mild} \ \bigcirc \ {\sf Moderate} \ \bigcirc \ {\sf Severe} \qquad \bigcirc \ {\sf Occasional} \ \bigcirc \ {\sf Often} \ \bigcirc \ {\sf Constant}$
Erectile dysfunction or loss of sex drive	○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant
<b>Digestive difficulties</b> If yes, select all that apply:	<ul> <li>○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant</li> <li>○ Nausea ○ Heartburn ○ Stomach Pain ○ Constipation ○ Diarrhea ○ Cramping</li> </ul>
Cardiac Issues If yes, select all that apply:	<ul> <li>○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant</li> <li>○ Heart murmur ○ Valve prolapse ○ Palpitations or skips ○ "Heart Block" on EKG</li> </ul>
Chest issues If yes, select all that apply:	<ul> <li>○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant</li> <li>○ Chest wall pain ○ Sore ribs ○ Breathlessnes ○ Chronic Cough</li> </ul>
Head congestion	○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant
Night sweats	○ Yes ○ No ○ Mild ○ Moderate ○ Severe ○ Occasional ○ Often ○ Constant
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